

Lone Worker Quick Guide



- **Power**
 - On (long click), indicated by audible tone and vibration.
 - Off (long click), indicated by audible tone and vibration.
- **Panic Button**
 - Long press (>2 seconds) until vibration felt.
- **Button 1 (Man-down / Fall-down)**
 - Single press turns feature on, indicated by vibration and short audio tone.
 - Double press turns feature off, indicated by vibration and long audio tone.
- **Button 2 (Risk Level / Assistance Required)**
 - Single press escalates risk level to assistance required.
 - Double press sets risk level to all clear.
- **Button 3 (Amber Alert)**
 - Single press starts the amber alert timer, indicated by vibration only.
 - Single press during amber alert timer, indicated by vibration only, resets the amber alert timer.
 - Double press turns off the amber alert timer, indicated by vibration only.
- **Man Down-** When device exceeds 50° an alarm will be triggered which can be configured to send a notification.
- **No Movement-** When device is stationary longer than 5 minutes a pre-alarm is triggered, which lasts for 15 seconds, and will sound an alarm afterwards if no movement is detected.
- **Amber alert State-** When turned on a 30-minute timer will begin to countdown, when this timer is exceeded the pre alarm will present a vibrating pattern over a 2-minute period to make the user aware the timer has been exceeded. During this period the user can:
 - Reset the timer with a single press of Button 3, to allow another 30 minutes
 - Allow the pre-alarm timer to be exceeded which will trigger an alarm that can send a notification(s).